



APA Style 7th Edition Citations

The American Psychological Association's citation style, APA, is one of many documentation guidelines used for scholarly papers. APA is most commonly used to reference sources in social science.

In-Text Citations

APA recommends an author/date style of in-text citation. Citations of direct quotes require the addition of the page number in which the quote appears; summaries or paraphrases do not. Quotations longer than forty words require a "block quote" format. Periods always appear after the in-text citation.

One Author

If the year and author are both included in the text of a sentence, do not include any parenthetical information (except page number when using a direct quote) at the end of the sentence and vice versa. If the date of publication is not listed, use the abbreviation (n.d.). For example:

Brown (2018) lists care and connection as values of daring leaders.

Care and connection are the values of daring leaders (Brown, 2018).

Brown (2018) states, "Daring leaders must care for and be connected to the people they lead" (p. 12).

"Daring leaders must care for and be connected to the people they lead" (Brown, 2018, p. 12).

Two Authors

Name both authors in the text of the sentence or in parentheses. Use the word "and" between the authors' names in the text or use an ampersand in the parentheses. For example:

Research by Wegener and Petty (1994) supports...

(Wegener & Petty, 1994).

Three or More Authors

List only the first author's name followed by "et al." in every citation, even the first, unless doing so would create ambiguity between different sources. For example:

Kernis et al. (1993) suggests...

(Kernis et al., 1993).

Multiple Sources in the Same Parentheses

Use a semicolon between sources. For example:

(Elwood et al., 2011; Figley, 2002).

Multiple Sources by Authors with the Same Last Name

To prevent confusion, use first initials with the last names. This is only necessary when you are citing separate sources by authors with the same last name. If you are citing a single source by two authors with the same last name, you can omit the first initials. For example: (Smith & Smith, 2001).

M. Johnson (2008) and S. Johnson (2010) studied...

(M. Johnson, 2008; S. Johnson, 2010).

Two or More Sources by the Same Author in the Same Year

If you use two sources by the same author in the same year, use lower-case letters (a, b, c) with the year to order the entries in the reference list. Use the lower-case letters with the year in the in-text citation. For example:

Studies by Berndt (1981a) and Berndt (1981b) show...

(Berndt, 1981a; Berndt, 1981b).

Organization as Author

If no author name is given, use the organization name as the author. For example:

(American Psychological Association, 2000).

Unknown Author and Unknown Date

If no author or date is given, use the title in your signal phrase or the first word or two of the title in the parentheses and use the abbreviation "n.d." (for "no date"). For example:

("Tutoring and APA," n.d.).

Personal Communication

For interviews, letters, e-mails, and other person-to-person communication, cite the communicator's first initials and last name, the fact that it was personal communication, and the date of the communication. Do not include personal communication in the reference list. For example:

T. Nguyen (personal communication, February 24, 2020) recalls...

(T. Nguyen, personal communication, February 24, 2020).

References

In APA, the alphabetical list of bibliographic entries is called "References." Each source you cite in the paper using an in-text citation(s) must have a corresponding entry on the References page and vice versa. The list should begin on a new page at the end of the paper, and the title word **References** should be centered and bolded but not underlined, italicized, or in quotes. Entries should always be in alphabetical order by the first word of the citation. All entries are double-spaced. Entries are formatted with a hanging indent. Do not number your entries.

The following is a limited list of citations you may encounter with examples. For a more comprehensive list, use the 7th edition of the *Publication Manual of the American Psychological Association* (copies are available in the Excel Multiliteracy Center), the [APA website](#) (select the APA Style tab), or the [Purdue Online Writing Lab](#).

Journal Article

Grady, J. S., Her, M., Moreno, G., Perez, C., & Yelinek, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. *Psychology of Popular Media Culture*, 8(3), 207–217. <https://doi.org/10.1037/ppm0000185>

Book

Stoneman, R. (2008). *Alexander the Great: A life in legend*. Yale University Press.

Online News Article

Richards, C. (2019, December 9). Best music of 2019: Lana Del Rey sings lullabies about the end of

America. *Washington Post*. https://www.washingtonpost.com/entertainment/music/best-music-of-2019-lana-del-rey-sings-lullabies-about-the-end-of-america/2019/12/06/6e82c5ec-15d8-11ea-a659-7d69641c6ff7_story.html

Webpage with Author

Price, D. (2018, March 23). *Laziness does not exist*. Medium. <https://humanparts.medium.com/laziness-does-not-exist-3af27e312d01>

Webpage with Organization as Author and Unknown Date

National Alliance on Mental Illness. (n.d.). *Mental health conditions*. <https://www.nami.org/Learn-More/Mental-Health-Conditions>

YouTube Video

The person or group who uploaded the video is considered the author. If the author's name is the same as the username, you can omit the [Username].

Lushi, K. [Korab Lushi]. (2016, July 3). *Albatross culture 1* [Video].

YouTube. https://www.youtube.com/watch?v=_AMrJRQDPjk&t=148s

TED Talk

Al-Mutawa, N. (2010, July). *Superheroes inspired by Islam* [Video].

TED. https://www.ted.com/talks/naif_al_mutawa_superheroes_inspired_by_islam#t-4909

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